

Foundation Level- Remote and Flexible Learning Program Week 4

Welcome to week 4

This week we would like to say thank you to all our parents and carers for the wonderful remote schooling you are doing with your children. The home/school partnership is the bedrock for student's wellbeing and learning, especially during these uncertain times.

Torquay College staff appreciate all the positive feedback from families and we extend our gratitude and good wishes.

This week we are excited to start our Virtual Class Meetings via the WebEx program. This is an exciting opportunity for students and teachers to interact online.

Virtual Class Meetings

Each class will be holding a Virtual Class Meetings with all students. This offers students an opportunity to connect with their class and class teacher. Teachers may be engaging in a community circle, a social activity, a new learning activity or explain a task. This is a wonderful opportunity for our students to connect with each other, ask questions and clarify understandings about learning that has been planned.

These class meetings will be held via WebEx. Families have access to instructions for WebEx via their platform SeeSaw (years F-2) or Google classroom (years 3-6). While these virtual class meetings are over the internet, any family not connected will continue to book one on one conferences with their teachers once a week via Sentral. Small group conferences will also begin this week, please see SeeSaw for more information.

The times for each year level (starting in week 4 from Monday 4th May)

<u>Year Level</u>	<u>Days & Time</u>
Foundation	Friday 9am (FE Friday 9.30 am)

Online safety

Please remember that it's important to continue to have discussions with your children about acceptable use of devices, and online safety especially at this time with both the number of people online and the potentially extended time students are using the internet. It could also be a great opportunity to revise or create a Family Technology Agreement - the link below will give you some ideas about how to do this.

The eSafety Commissioner has released the Australian Edition Aus edition - Global online safety advice for parents and carers (PDF, 1.1MB) resource. At this challenging time, we encourage all parents to have a read in order to support children with the safe use of technology.

Suggested Daily Schedule

8.30 – 9.30am	Physical Activity	Play outside, go for a walk, play with your pet, ride your bike
9.30 - 10.30am	Academic time	Select a literacy task; reading, writing or spelling task from activities listed.
10.30- 11.00am	Break	
11-.00 12.00pm	Academic time	Select a Mathematics task from activities listed
12.00- 1.00pm	Creative time	Select an Art activity or a home construction activity with your child's favourite materials i.e. Lego, craft, music, instrument
1.00- 1.30pm	Lunch	
1.30 -2.30pm	Academic time	Select an Inquiry or Indonesian task from activities listed
2.30- 3.30pm	Physical Activity	Select a physical education activity or wellbeing activity.

Foundation

Welcome to our Remote and Flexible Learning Program for Foundation. The Foundation Remote Learning Program consists of activities that can be completed with resources around the home or have been uploaded onto SeeSaw and other learning sites. You will receive a 'student log in' for SeeSaw which will give them remote access to the SeeSaw activities, students who are not familiar with using this platform so will need parent/carer assistance to get started. These activities will be released at 9.00am on the morning it is scheduled.

If you do not have online access please contact the school and related hard copy learning packs will be made available.



Teachers will now be focussing on and commenting on the lessons that contain a  on them in the planner below. Please ensure that these lessons are sent to your teacher on SeeSaw as a photo, voice recording or video.

***If possible could all students please complete the daily check in activity on SeeSaw first so that teachers can take attendance for the day.**

Week 4 Foundation		
Content Area	Suggested Learning Activities	Resources Required
Reading	Monday 4th - https://youtu.be/Oiu_YmW_Efk SeeSaw activity (Geraldine Giraffe) on the letter "h" with activity. Find things in your house that begin with the letter "h" and record them. (Also see video in Spelling)	Writing materials. Things that start with h.
	Tuesday 5th - SeeSaw - Pip or assigned book in SeeSaw and follow up activity.	'Pip' book or book assigned to you on SeeSaw.
	Wednesday 6th - SeeSaw - Read the sentences and find the correct word from our word list that makes sense. Also in pack.	Activity sheet on SeeSaw or on hard copy.
	Thursday 7th - SeeSaw - 'Tim and the Van' or assigned book in SeeSaw and follow up activity. 	'Tim and the Van' text or assigned book on SeeSaw.
	Friday 8th - SeeSaw - Mother's Day or another special person in your life activities.	See SeeSaw or pack.
Spelling	Monday 4th - SeeSaw- Watch MSL sound pack video on SeeSaw. Then learn about the letter 'h', have some paper or whiteboard ready.	Writing material, paper, whiteboard, pencil etc
	Tuesday 5th - SeeSaw: Letter practise 'h' - circle the pictures that start with the letter 'h'. Record your answers and share with your teacher.	
	Wednesday 6th - SeeSaw - Introducing the letter V SeeSaw: CVC practice. Try saying some simple CVC (consonant/vowel/consonant) words to spell, e.g. bag, leg, hat, hop..	
	Thursday 7th - SeeSaw - Word Search. Have a go at spelling each picture on the right, then see if you can find that word in the wordsearch.	Word Search activity
	Friday 8th - SeeSaw - Give your child words from the word list and check for accuracy of spelling, letter formation and then get them to read the words back to you. 	
Writing	Monday 4th - SeeSaw -watch "Writer's Workshop" video by Mrs Baker. Or choose something you did on the weekend or a favourite holiday you have been on and draw a picture. Then write a sentence about this. Make sure you carefully write down the parts of the words you can sound out. 	

	<p>Tuesday 5th - Using words from the sounds we have learnt (see word list in attached document) draw a picture and write a sentence or more about it. This list is also available on SeeSaw.</p>	
	<p>Wednesday 6th SeeSaw video - Dictation sentence - 'Tim had a red hat in the bag'. Read this sentence to your child, they need to write it without any support. Read the whole sentence, then one word at a time.</p>	Writing material.
	<p>Thursday 7th - SeeSaw - watch video (Brown Bear, Brown Bear, What Do You See?) and write a retell about what happened in the text. What happened first? Then what happened? What happened at the end. Or choose a book from home, read it and then write a retell about what happened.</p>	SeeSaw video or a book from home.
	<p>Friday 8th - SeeSaw - Mother's Day or another special person in your life activities.</p>	Mother's day activities on SeeSaw or in pack
Maths	<p>Monday 4th - Mathseeds: Log into Mathseeds through Reading Eggs. Explore and see what you can discover. Complete the pre-assessment for a starting point or start with Lesson 1 and see where it takes you.</p>	
	<p>Tuesday 5th - SeeSaw: Trace and colour the Pizza. Then draw a large circle as a pizza base. Choose 4 different shapes to be your toppings (e.g. triangles, kites, circles, pentagons) and make a colourful pizza. You may like to talk to your parents about how you could cut your pizza into half or quarters.</p>	Blank paper or class book to draw your pizza. Paper or old magazines to make toppings.
	<p>Wednesday 6th - SeeSaw: 2D Shape Sides and Corner Detective. Draw a shape robot - using only triangles, squares, circles and rectangles. Count how many of each shape that you have used. Make sure your picture is colourful. If possible please post this to your journal on SeeSaw so your teacher can see your amazing picture. </p>	
	<p>Thursday 7th - Mathletics: Test (Shape) Assessment Task for comment by teacher Must be done by Tuesday 12th May at 5pm.</p>	
	<p>Friday 8th - SeeSaw - Mother's Day or another special person in your life activities.</p>	

<p>Wellbeing</p>	<p>Watch Teacher Taylor’s Tips for Remote Learning</p> <p>A few tips from one of Geelong’s favourite teachers to help get you through this period of remote and flexible learning.</p> <p>Check out “Harry’s Remote Learning Tips” video</p> <p>Complete the Bullystoppers “Being Cool Online” quiz</p> <p>Would you know how to help ten primary school students with their issues around cyberbullying and netiquette? This quiz will give you feedback as you go to help you understand how to be careful with what you share and what’s shared with you online. Head to the Bullystoppers website and complete the “Being Cool Online” quiz.</p> <p>After you have completed the quiz read through the eSafety commissioner resource “Staying Safe Online”.</p> <p>Spend some time with your parent/carer to check the settings on your device and talk through any issues or questions you may have about staying safe online. If you need further information or support check out the eSafety Commissioner website.</p>	
<p>Physical Activity</p>	<p>ANIMAL WALKS</p> <ul style="list-style-type: none"> · Can be completed indoors or outdoors in a clear area. · Try and move like the animals shown in this video or come up with your own. E.g. Kangaroo, crab, monkey, frog. <p>https://www.youtube.com/watch?v=DpgKyq3WCuw</p> <ul style="list-style-type: none"> · You may like to think of and move like an animal and have a family member try to guess what the animal is. <p>DANCE:</p> <ul style="list-style-type: none"> · Follow the exercise moves in the video links below. If you don’t have the internet, put on your favourite song and break out your best dance moves. <p>https://www.youtube.com/watch?v=JoF_d5sgGgc you may even like to also try this action music video https://www.youtube.com/watch?v=dUXk8Nc5qQ8</p> <p>Let’s keep moving!</p> <ul style="list-style-type: none"> · Let’s practice some more movement. · Stand facing a marker 10m away · Let’s practice moving around that marker in different ways. Try and different way each time. For example, start with running around the marker and back. Now try – jumping, hopping, skipping. · Repeat as desired <p>TOSS, CATCH AND BOUNCE!</p> <p>Remember:</p>	<p>Small safe area to dance and play</p> <p>Internet and computer / mobile device to play videos. If that isn’t available play your fave song and create your own dance moves!</p> <p>Medium size ball that will bounce. Large crunched up and taped newspaper ball will work if necessary (doing an alternative activity when asked to bounce the ball)</p> <p>Markers- anything that can be used as a marker- bin, ball, jumper etc.</p>

- *Keep your eyes on the ball all the way into your hands*
- *Keep your hands nice and soft with your fingers spread in the shape of the ball*

- Try to find a medium size ball that will bounce.
- You may find some of these activities tricky. Just try your best and remember we are all here to practice and learn
- Let's try some rolling like this:
 - Make the ball travel/roll around your body (e.g. waist) touching you all the way around
 - Place the ball on the ground and roll/tap the ball around both feet at once in a circle. One foot and then the other.
 - Can you roll the ball around your body while sitting down?
- Now, let's try:
 - Tossing (use a two handed underarm toss) the ball in the air and catching it with two hands. How many can you do in a row?
 - Tossing the ball up let it bounce and then catch it.
 - Balancing on one leg, try tossing and catching the ball and then bouncing and catching the ball.
 - Tossing, turning around and trying to catch the ball after 1,2 or 3 bounces
 - Tossing the ball up and clapping once before catching the ball. Try this with and without a bounce/s. If you can do one clap, you may even try two claps and a catch.

You may also like to try these challenges:

- Toss the ball up, touch a shoulder with your hands before catching it after one bounce. Try touching other parts of your body before catching- hips, knees, head etc. You can allow extra bounces to make things a bit easier
- Toss and catch while moving
- Bounce and catch while moving
- Invent your own tossing and catching trick!

STEP BACK!

- This can be done with a partner or by yourself against a wall
- Take two big steps back from your partner or the wall
- Toss the ball to your partner or against the wall and count how many you can do in a row. What is your record?

Let's do step back!

- This time: Each time you catch three in a row against the wall or with your partner take a small step backwards (only one-partner step back). If you (or your partner) drop the ball, take a small step forward.

<p>Indonesian</p>	<p>Activity 1:</p> <p>Watch the Binatang video again and practice your animal words.</p> <p>Use what you have at home to make a mask for your favourite animal.</p> <p>Say the name of the animal as you make your mask.</p> <p>You can try writing your animal name in Indonesian on your mask.</p> <p>Activity 2:</p> <p>Use the mask you made to pretend to be the animal.</p> <p>Say “nama saya ____” with what animal you are.</p> <p>E.g. If you’re a dog, “Nama saya Anjing.” (My name is Dog.)</p> <p>If you can, record a video of you speaking with your mask and upload it to Seesaw.</p> <p>OPTIONAL Super Challenge:</p> <p>Watch this video of a zoo in Indonesia. What animals can you see?</p>	<p>- Binatang video on Seesaw</p> <p>- Optional: Youtube video of Indonesian zoo</p> <p>https://www.youtube.com/watch?v=2x8l3ol-wx0</p>
<p>Art</p>		<p>Use resources that you have at your house. Please do not buy new materials. This could be a piece of art you have been working at home during remote learning and what else can you add to it to make it ‘swisho’ for the competition?</p> <p>It could be indoor or outdoor art.</p> <p>If it is more than one medium, then it is a mixed media piece.</p> <p>Maybe add a little written blurb to explain what you have made,</p>

	<p>Create an artwork celebrating our theme:</p> <p>HOME is where the ART is...</p> <p>For your chance to win \$250* of Art & Craft Materials...</p> <p>PLUS \$450* of Art & Craft Materials for your school</p> <p>Embracing creativity strengthens us as individuals and as a community. Now, more than ever, it is vital to our resilience and wellbeing. Create, contribute and connect.</p> <p>Competition categories:</p> <p>Category 1: Primary Foundation to Level 3</p> <p>Category 2: Primary Level 4 to Level 6</p> <p>Artwork can be 2D (e.g. drawing, painting, sidewalk chalk drawing etc.) or 3D (e.g. sculpture, construction).</p> <p>Email a photo of your artwork to zartart@zartart.com.au with your:</p> <ul style="list-style-type: none"> ● Name ● Email Address ● Phone Number ● Year Level ● Category section ● School Name ● <u>Competition closes close of business Thursday 7th May</u> <p>For privacy reasons, student's FIRST NAME & SCHOOL NAME will be published only.</p> <p>By submitting your work, you are giving permission for Zart to showcase your artwork along with your name (first name only) and school name on website.</p> <p>ONE ENTRY PER STUDENT.</p>	<p>how you have made it. If you can, add art terms like colour, line, form, balance, texture, pattern, figure ground, tone, contrast.</p>
<p>Optional websites sites that can be accessed to support learning</p>	<ul style="list-style-type: none"> ● Twinkl- Setting this up is really easy to do - go to www.twinkl.co.uk/offer and enter the code AUSTRCODE (30 day free trial) ● Levelled Inquiry based units of work for all year levels- https://www.coolaustralia.org/ 	<ul style="list-style-type: none"> ●



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